



Tattoo Removal Post-Treatment

Post-Treatment care is very important, so please follow the instructions below:

- Immediately after treatment, there may be erythema (redness) and edema (swelling) at the treatment site. This usually lasts 2 hours or longer, but erythema may last up to 10 days. The treatment area may feel like a sunburn for a few hours after the treatment, but it will subside.
- Apply ice as needed on and off the next 24 hours.
- Do not tan the area. Avoid sun exposure to avoid hypopigmentation and hyperpigmentation.
- Please apply sunscreen on the area, with an SPF 30 OR HIGHER, even if it is covered by clothing. Sun will travel through your shirt or pants.
- Some scabbing, light bleeding or itching may occur.
- Do not pop blisters. If you do blister, apply NOVE until the blisters have popped naturally.
- When bathing and showering, use lukewarm water for the next 24 hours and treat your skin gently.
- Do not exposure your skin to any heat sources, such as saunas, steam rooms, Jacuzzis, extremely hot showers or strenuous activities. No prolonged heat for a maximum of 48-hours post-treatment.
- It may take up to 2 weeks for your body to absorb ink that has been broken up by this treatment.
- It may take a 2-3 treatments before you see a difference.
- If you have any changes in your health or medications, please let Skin Renew Day Spa & Laser Center staff know.
- Remember, not all tattoos will clear completely. Your tattoo may just fade.
- Please call your primary care physician if an infection develops.
- If you have any questions at all regarding your tattoo removal process, please do not hesitate to call us at 317.848.SKIN (7546).
- **REMEMBER:** Drinks lots of water!

I have read and understand all the pre- and post-treatment instructions.

Client Name _____

Client Signature _____ Date _____

Skin Renew Day Spa Staff _____ Date _____